

THE ZOC UPDATES

Monthly Newsletter



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THE ZOC STRATEGIC PLAN 2021 - 2025

The Focus Group session in preparation for 2021-2025 ZOC Strategic Plan was held on 28 August 2021 with 13 participants drawn from the Ministry of Youth, Sport, Arts and Recreation, Sport and Recreation Commission, Zimbabwe National Paralympic Committee, National Federations and the Zimbabwe Olympic Committee. The business of the day was to look at the *SWOT* and *PESTEL* analysis of the ZOC operating environment.

The next session is on 4 September 2021 with the Team Leaders for the main workshop mid-September. The team leader session will see the eight identified individuals for this task (mostly strategic planning facilitators trained and certified in 2017) undergoing a comprehensive preparatory training session on 4 September. Their primary role will be to lead breakaway sessions developing different elements of the new strategic plan during the planning workshop.

The team leader training will empower these leaders with skills to deal with groups and group dynamics as well as associated challenges during the actual strategic planning workshop in September. Already, questionnaire responses from ZOC stakeholders on a variety of issues have been collated into a report, which will be analyzed and used as reference material in the planning process.

Sports management consultant, Robert Mutsauki has been engaged as the facilitator to lead and guide the formulation of the four-year strategic plan in line with best practice. Mutsauki, a former ZOC CEO and Technical Director of ANOCA is a seasoned sport expert who has to date facilitated strategic plans for ANOCA and several National Olympic Committees in Africa including Kenya, Malawi, South Sudan, Uganda and Zambia. Mutsauki had this to say about the task at hand, "The strategic planning process requires the involvement and consultation of key stakeholders at various stages to ensure ownership or at least buy-in when it comes to implementation of the developed strategy. To ensure the formulation of a sound and credible strategic plan for the ZOC we have to follow due process and the starting point was in fact the review of the implementation of the 2016 - 2020 strategic plan which was carried out last November."



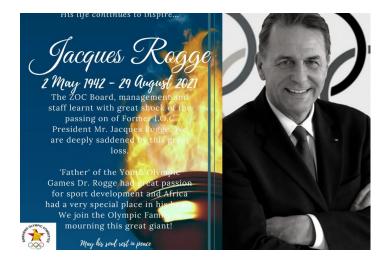
IOC SAFEGUARDING CERTIFICATION SUPPORT

The Zimbabwe Olympic Committee is supporting Mr. Tawanda Sithole who is the ZOC Safe Sport Committee to attend the IOC Safeguarding Certification course starting this September. His participation will equip him with enhanced information and knowledge on matters to do with safeguarding for the betterment of sport in the country and the region. This course will be beneficial to his role in the NOC, specifically in the development and implementation of safeguarding programs and activities.

61st IOA SESSION FOR YOUNG PARTICIPANTS

The IOA International Session for young participants aim to educate, but more importantly, to motivate young people(aged between 20 to 35 years) to use their experiences and knowledge gained from the Session productively in promoting the Olympic Ideals and educating others in their own countries. This year the session will be held virtually from 17 to 23 September 2021. Miss Munashe Dangare, who is a 2018 Youth Olympian and Mr. Tawanda Gift Pamire who is a Volleyball Coach, will represent Zimbabwe.

CONDOLENCE MESSAGE DR. JACQUES ROGGE



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PROGRAMMES UPDATE

Safe and Inclusive Sport Policy Development(targeting NAPH & NASH) webinar

The webinar was held on the 6th of August 2021, targeting 33 NAPH & NASH members who included school heads, coaches and PE Teachers. The webinar session focused on empowering sport leaders on the importance of developing Safe and Inclusive Sport Policy that strengthens their structure and system with the view to promote and develop sustainable sport

Athletes Mental & Emotional Wellbeing Awareness webinar

The webinar was held on the 13th of August 2021 and it targeted Coaches and Technical Officials. The webinar focused on ways to develop and implement initiatives related to the protection and promotion of mental health and well-being of athletes. The webinar was attended by 24 participants from different national sport federations.

Strength, Injury Prevention and Conditioning webinar

The webinar was held on the 30th of August 2021 and it targeted coaches, technical directors, and athletes with the aim to optimize fitness preparation, sport/event specific skills and performance of athletes, develop abilities for coaches and trainers to supervise strength training and conditioning activities and provide an overview of the basic information needed to be effective as a strength and conditioning professional. The webinar was attended by 44 participants who include coaches, technical directors, and athletes attended the webinar.

ZOC CALENDAR SEPTEMBER 2021

3 September 2021 - Youth Sport Leadership Training Webinar

10 September 2021 - Managing Finances Webinar

11 - 12 September 2021 - ASMC 14 Session 5

13 - 17 September 2021 - Triathlon Level 1 Technical

17 - 19 September 2021 - ZOC Strategic Planning Workshop

18 September 2021 - World Clean Up Day 2021